

You should always grip the shoulder height rungs with your hands when climbing, keeping your feet in the middle of the rungs as you move up the ladder. By holding the rungs, you can prevent a fall. Always climb on the outer face never on the underside, and never lean too far to one side to reach. Never do anything that involves applying a lot of force. The ladder could topple over. When in use, stand with your feet two or three rungs below the stand off.

EQUIPMENT CARE

Never push the equipment beyond its design limits. If it will not do what you want with reasonable ease and speed, assume you have the wrong type of equipment for the job. Contact your local HSS Hire Shop for advice.

Keep the equipment clean – you will find this less of a chore if you clean it regularly, rather than wait until the end of the hire period.

When not in use, **store the equipment somewhere clean, dry and safe** from thieves and unauthorised users.

FINISHING OFF

Lower the ladder, then remove the ladder stay by reversing the instructions in 'GETTING STARTED'.

Give the equipment a final clean ready for return to your local HSS Hire Shop.

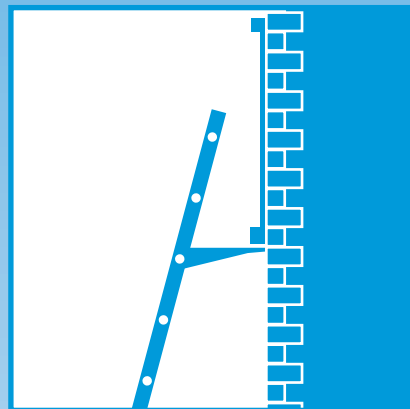


...any comments?

If you have any suggestions to enable us to improve the information within this guide please fax your comments or write to the Product Manager at the address below

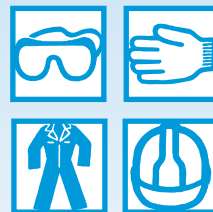
Fax: 020 8687 5001

HSS Hire Shops



Ladder Stand Off

A special frame designed to hold a ladder away from the wall, giving clearance from gutters and eaves with a sturdy work tray for your tools and materials.



GENERAL SAFETY

For advice on the safety and suitability of this equipment contact your local HSS Hire Shop.

There is a serious risk of personal injury if you do not follow all instructions laid down in this guide. The hirer has a responsibility to ensure that all necessary risk assessments have been completed prior to the use of this equipment.

This equipment should only be used by an operator who has been deemed competent to do so by his/her employer.

This equipment should be used by an able bodied, competent adult who has read and understood these instructions. Anyone with either a temporary or permanent disability, should seek expert advice before using it.

Keep children, animals and bystanders away from the work area. Cordon off a NO GO area using cones and either barriers or tape, available for hire from your local HSS Hire Shop.



Never use this equipment if you are ill, feeling tired, or under the influence of alcohol or drugs.



Safety goggles MUST be worn by everyone in the work area.



Wear practical, protective clothing, gloves, footwear and a hard hat.

Avoid loose garments and jewellery that could get in the way, tie back long hair.

Never let more than one person onto the ladder at any time.

Don't attempt to use the ladder unless you feel comfortable working at heights.

Never carry tools or materials while climbing unless you can do so leaving your hands free, by carrying the equipment in a shoulder bag. Climb first then haul the equipment up after you on a rope.

Never use the ladder near over-head or wall mounted power cables and similar hazards.

Never use the ladder in very windy or blustery conditions.

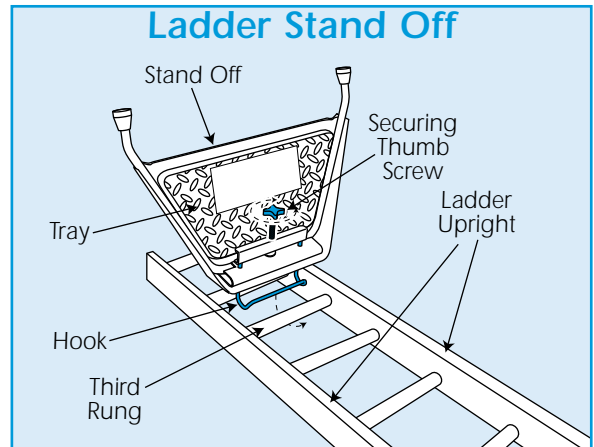
Check the equipments condition before use. If it show signs of damage or excessive wear, return it to your local HSS Hire Shop immediately.

Note that this type of equipment is designed to provide access for light maintenance work.

GETTING STARTED

Ideally, fit the ladder stand off to the third rung down from the top of the ladder. It is possible to fit the ladder stand off to any of the top 4 rungs this allows you to alter the distance the ladder is held from the wall.

Loosen the securing thumbscrew by turning anti-clockwise and slide the hook over the third rung.



Make sure the stand off is correctly positioned against the ladder uprights.

Secure in place by turning the securing thumbscrew clockwise (see illustration).

When correctly fitted, the stand off should be immovable.

BASIC TECHNIQUES

Always set up the ladder on a firm, level, non-slip surface. On soft ground, stand the equipment on boards or preferably a ladder safety foot, to stop it sinking in, available for hire from your local HSS Hire Shop.

Ensure ladders are set at the correct angle. The gap between the foot of the ladder and the wall should equal one quarter of the vertical height the ladder is to reach (plus the length of the ladder stay being used).

The ladder's maximum safe working load, (the total weight of the user and tools) must not be exceeded.

Never stand on the top 4 rungs, either use a taller set or use an access tower.

It is extremely important that the feet of the ladder stand off are not dragged across the walls surface when setting up or altering the position of the ladder. Always move the stand off clear of the wall before manoeuvring and always extend the ladder to the required length before erecting.

When moving to a new site, carry the ladders with care.

If using a ladder to gain access, always extend it at least 1m above the height at which you step off.

Never rest a ladder against anything that might not bear the load – windows, guttering etc.

For maximum safety, rope the top of the ladder to the structure you are scaling and the bottom to stakes driven into the ground or use a ladder safety foot.

If using the ladder with a roof ladder, rope the two together.