



# TRAINING CATALOGUE



# Training

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HSS Training is the specialist training division of HSS Hire. We offer **industry recognised courses** in a wide range of workplace safety, working at height, health & safety and industry specific scenarios. This catalogue outlines some of the options available but we can work with you to tailor the content of our courses to your precise requirements.

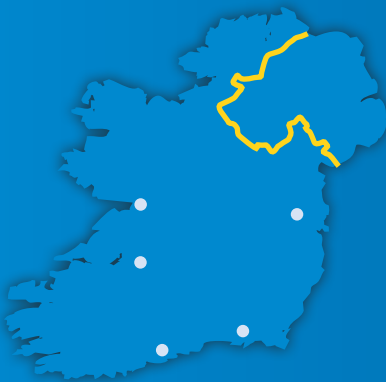
We have experienced trainers who understand that training your workforce is key to ensure that they're productive and – more importantly – kept **safe from harm**. Let us help make sure your workforce is better equipped to be safe on site.



IPAF Rental  
Plus accredited



IPAF Certified  
Training Centres



📍 Dublin Santry  
Waterford  
Cork  
Limerick  
Galway

☎ 1800 22 33 66

✉ [hssirelandtraining@hss.com](mailto:hssirelandtraining@hss.com)

# About HSS

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## Core Business

HSS Hire provide an extensive range of tools and equipment available through all our branches for either pick up or delivery. Below are some of our product categories:

Access	Accommodation	Surveying & Location
Powered Access	Concreting & Compaction	Cooling & Heating
Lift & Shift	Safety	Drying & Pumping
Building & Siteworks	Breaking & Drilling	Lighting
Plant	Sawing & Cutting	Power

Please speak to your Area Sales Manager or local branch if you are looking for a particular product.

We also have a **full range of accessories available** including transformers, extension leads, blades and safety equipment.

## OneCall

The HSS OneCall service will help you to source whatever kit you need, wherever you need it, and our dedicated Hire Controllers will manage the whole process for you.

- Specialist Equipment Sourcing
- Emergency Kit Replacement
- Dedicated HSS Support
- Use your HSS Account to order



# Course List

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## **IPAF MEWP Operator Training**

For anyone required to supervise or rescue an operator, or anyone who needs to safely operate a MEWP in any machine category.

1a – Static Vertical – Scissor lift with outrigger

1b – Static Boom – Van Mount Truck

3a – Mobile Vertical – Scissors Genie 1932

3b – Mobile Boom – Star 10 / Genie Z45 / S6

Entry-level course, no need for prior MEWP experience

Theory section and test, followed by practical training and a test at one of our IPAF Approved Training Centres.

## **Working at Height**

Covers the essential points (current legislation, regulations and guidance) for those working at height.

## **Special**

These are any Type 2 machines (travelling with work platform elevated, controlled from the base) and specialist MEWPs. They require specific training during the MEWP Operator Training Course owing to their unique and often bespoke construction.

## **Push Around Vertical (PAV)**

This IPAF Operator course with practical training session and assessment covers Push Around Vertical (PAV) platforms. These are essentially small static vertical machines with no mechanical drive and are physically pushed around.

## **Harness Use & Inspection**

For those who do need to use or wear a harness themselves & those who are responsible for inspecting their company's personal fall protection equipment and maintaining inspection records. On completion of this course you are qualified to certify your company's harnesses.

## **MEWPS for Managers (online)**

This is aimed at those who plan, supervise or manage work at height with Mobile Elevating Work Platforms (MEWPs).

- Ideal for those who do not want time away from their job / workplace.
- It will make managers aware of the different types of MEWPs.
- Covers what they need to know for safe and effective use of MEWPs on site including planning the job, conducting a risk assessment, selecting the right equipment for optimum cost-efficiency and mitigating all possible risks.

## **MEWP Demonstrator**

For anyone who may be delivering a MEWP and is obliged to show the hirer how to use the machine, or an operative that needs to do a pre-start check on a machine or a handover with a colleague.

## **Mental Health & Wellbeing Training**

Teaches you to recognise various mental health problems, how to start a conversation with someone who is suffering, and what to do until further help is available. Will also show how to promote positive mental health in the workplace.

## **Manual Handling Training**

The aim is to give the student the skills and knowledge required to be proficient in Manual Handling operations including any lifting, pulling, pushing or moving of heavy items. Helps to minimize the risk of injury to themselves and their colleagues.

## **Fire Marshal Training**

This course provides delegates with the necessary knowledge and understanding required to competently undertake the role of fire warden / fire marshal in the event of an emergency in order to manage fire risk and aid safe evacuation.

**Bespoke training requests also available.**

## Our Training Centres

### Dublin - Santry

Q3 North Ring Business Park, Santry, Dublin 9, D09 E6F2  
dublin325@hss.com / 01 842 7773

### Waterford

Six Cross Roads business park, Waterford, X91 XR22  
waterford8386@hss.com / 051 349 391

### Cork

Fortwilliam, Tivoli, Co. Cork, T23 W6EF  
cork5941@hss.com / 021 431 3000

### Limerick

Ballysimon Road, Limerick, V94 E544  
limerick5988@hss.com / 061 409 509

### Galway

Unit 1, Tuam Road Retail Centre, Tuam Road, Galway, H91 V4K5  
galway832@hss.com / 091 773 062



**1800 22 33 66**  
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